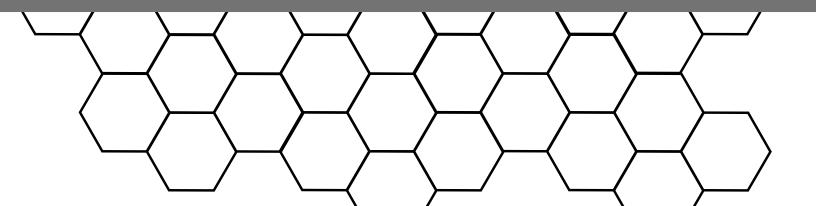


We are a group of smart and passionate people who genuinely want to deliver the highest levels of insight and service to our clients across research, recruitment, viewing and field. We expect the same from every person who joins the team.

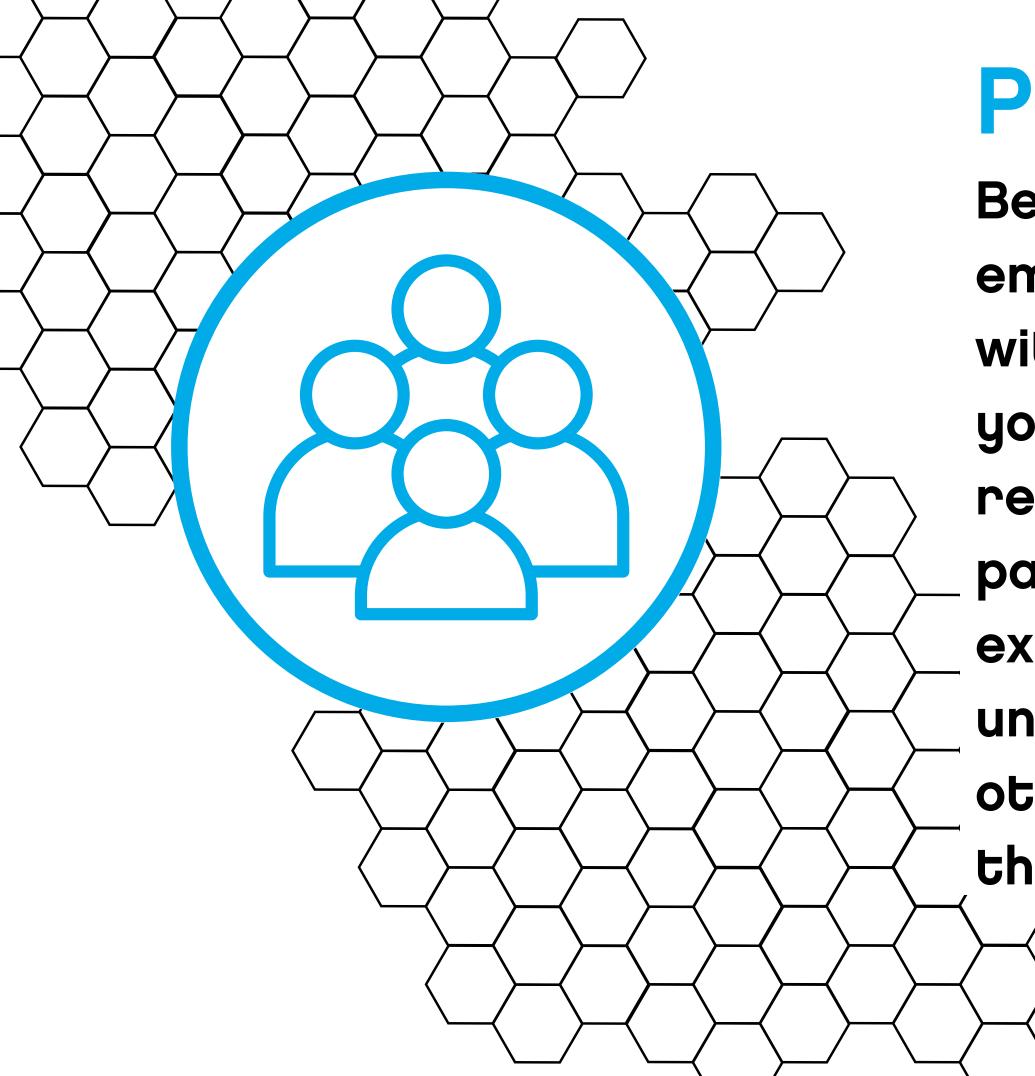
We are industry leaders, always looking for the next opportunity.

We value our people. We work hard, but we love to have fun.

We support those who want to progress within our business. We support those who want to stick in a role they love. All we ask is you keep learning, shout out your ideas and be the best you can possibly be.







People First

Be approachable, supportive and empathetic. Be accountable, act with integrity. Do what you say you are going to do. Build strong relationships and work in partnership, internally and externally. Listen. Seek to understand. Communicate. Value others through recognition and thanks.





Positively Delight

Have high standards, always be the best you can be. Believe you can, be tenacious - every problem has a solution. Be accountable, act with integrity. Use your initiative, anticipate issues, and adapt accordingly. Share knowledge. Show up for the team. Show up For clients. Give appreciation.





Be Yourself Always

Celebrate difference. Respect others. Be inclusive. Bring your whole self. Learn from your mistakes. Play to your strengths. Back yourself. Say what you think if its in the best interest of FRG, even if its uncomfortable.

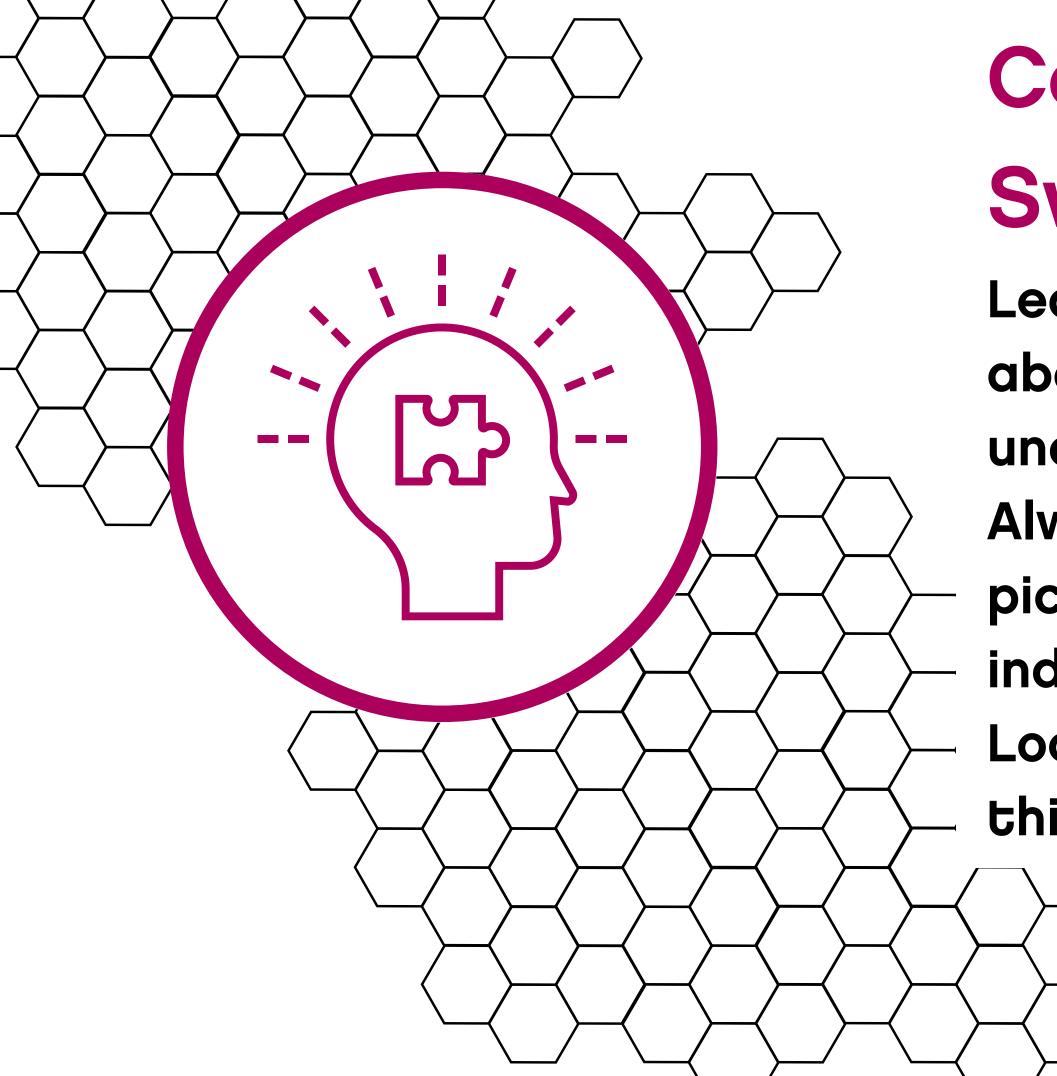




We Don't Stand Still

Shout out your ideas. Look for new opportunities. Be curious. Keep on learning. Embrace change. Keep up to date with new tech. Keep up to date with new methodologies. Inspire others.





Commercially Switched On

Learn about our business. Learn about your client's business, understand their pressures. Always consider the bigger picture. Understand our industry. Identify opportunities. Look for better ways of doing things.

